



Mental health in the workplace

Stress, bullying, burnout...

Talking your way out, but to whom?

At the laboratory



A working group on psychosocial risks (RPS) is present at BIP, and its members are available to help you with any problems you may have.

They are representative of the different categories of personnel and teams, in order to facilitate local contacts while ensuring **confidentiality**:

- Pascale Infossi (BIP01) – infossi@imm.cnrs.fr (44 04)
- Frédéric Carriere (BIP02) - carriere@imm.cnrs.fr (41 34)
- Aurore Bailly (BIP06) - abailly@imm.cnrs.fr (45 29)
- Bénédicte Burlat (BIP07) - bburlat@imm.cnrs.fr (45 59)
- Anne De Poulpiquet (BIP08) - adepoulpiquet@imm.cnrs.fr (41 44)
- Simon Duval (BIP09) - sduval@imm.cnrs.fr (46 71)
- Isabelle Pinet (Financial manager) - ipinet@imm.cnrs.fr (46 90)
- Cassy Gérard (Student representative) – cgerard@imm.cnrs.fr (44 88)
- Amine Ali Chaouche (Prevention Assistant) - aalichaouche@imm.cnrs.fr (46 53)
- Arlette Kpebe (Prevention Assistant) - akpebe@imm.cnrs.fr (45 68)

The Inter-University Service of Preventive Medicine and Health Promotion (SIUMPPS)



To make an appointment with a SIUMPPS psychologist, call **04 13 94 97 13**

Other services are also available:

- Association Soins aux Professionnels de Santé SPS : 0 805 23 23 36 (Anonymous and confidential call platform, free and available 24/7)
- **S.O.S. Help, English speaking : 01 46 21 46 46, Chat 7j/7**
- National Suicide Prevention number: 3114 (24/7)

More information: <https://www.univ-amu.fr/en/public/inter-university-service-preventive-medicine-and-health-promotion-siumpps>



At CNRS

Occupational medicine

Dr Valérie Lapeyre : 04 91 16 41 11

Nurses : 04 91 16 41 33 & 04 91 16 41 64

Social assistant

Audrey ALLIO : 04 91 16 41 67 - audrey.allio@dr12.cnrs.fr

La cellule signalements

signalement@cnrs.fr

'France Victimes' association

01 80 52 33 77 - 7 days a week - 9 a.m to 9 p.m - cnrs@france-

victimes.fr

